

# A process for Indigenous community research through meaningful connection with the community of Grandmother's Bay (GMB)



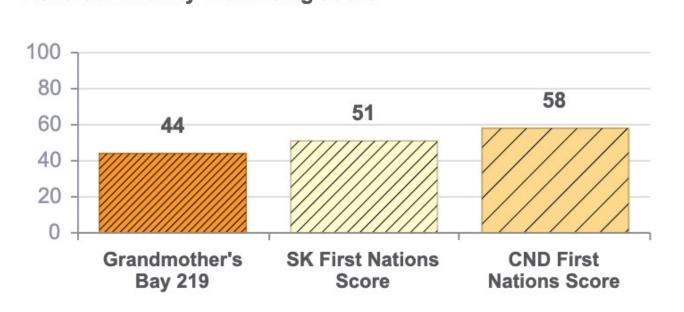
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### INTRODUCTION

Community-university research partnerships have historically led to exploitation, appropriation, and general lack of meaningful benefit for Indigenous communities<sup>1,2</sup>. Relationships of trust and respect are required going forward with community-campus research partnerships to ensure the community receives meaningful benefit. This project focuses on the partnership between the northern Saskatchewan community of Grandmother's Bay (GMB) and the University of Saskatchewan (USask). GMB scored significantly lower than national and provincial averages on the 2016 Community Well-Being (CWB) Index (see Figure 1), indicating high health and wellness disparities<sup>3</sup>.

## 2016 Community Well-Being score



**Figure 1:** CWB score for GMB compared to provincial and national averages for Indigenous communities<sup>3</sup>

There is a need for health and wellness research with meaningful benefits for the community of GMB, but first relationships of trust must be established so research is conducted *in a good way*<sup>4</sup>.

# **OBJECTIVES**

The objective of this project is to generate new knowledge on community-university research partnerships. Our hypothesis is that the emerging partnership between GMB and USask must advance through mutual respect and trust, which identifies community needs and yields knowledge useful to Indigenous communities. While this study is specific to GMB, some concepts and themes from this study may be broadly applicable to other future community-university research partnerships. The long-term goal is to continue to engage in research with the GMB community, with this study's findings acting as a guide to future study design and research approaches.

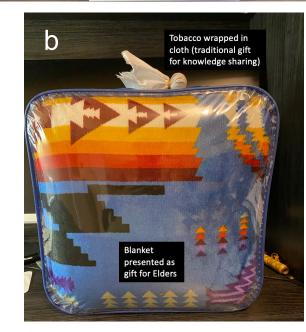
#### **METHODS**

After receiving ethics approval from the USask Behavioural Research Ethics Board (Beh-REB # 2717), one-on-one interviews were conducted with both community participants and academic staff from USask (see **Table 1**). Interviews were conducted either through a virtual platform (Cisco Webex) or in person, with consent being obtained via secure online RedCap software. Both academic and community participants were given tobacco for sharing their knowledge and provided with small thank you gifts (see **Figure 2**), with community members additionally receiving cash honoraria.

|                | Selection Criteria                          | # of participants |
|----------------|---|-------------------|
| Community      | Indigenous community members working        | 02                |
| participants   | closely with GMB, >18 years old             |                   |
| Academic staff | Academic staff/faculty presently working at | 05                |
| participants   | U of S, engaged in Indigenous research      |                   |
| Total          |   | 07                |
|                |   |                   |

**Table 1:** Information about study cohort







**Figure 2: a)** Gifts provided to academic participants **b)** gifts provided to GMB community member participants **c)** painting given as gift to GMB community

Interviews were audio recorded with participants' consent, then de-identified and transcribed. Thematic analysis was conducted on transcripts using grounded theory with a Two-Eyed Seeing approach (Indigenous health practices interwoven with Western practices)<sup>5</sup>. Codes and themes were generated and categorized into overarching themes.

| Intomiousoo   | Overtions wood for developing  | Thomas                                | Intorprototion   |
|---------------|--|---------------------------------------|------------------|
| Interviewees  | Questions used for developing  | Themes                                | Interpretation   |
|               | themes   | _                                     | themes           |
| Academic      | <ol> <li>As an academic member at the<br/>University of Saskatchewan, h</li> </ol> | Research                              | Community-       |
| Staff/Faculty | would you like to establish  | partnerships of                       | based research   |
|               | equitable inclusion of Indigeno  | ous trust                             | must be built o  |
|               | values when initiating a   |                                       | the foundation   |
|               | community-campus partnershi  | ·                                     |                  |
|               | Indigenous research activities   | ? Relationship                        | good             |
|               | <ol><li>What aspects of equitable<br/>inclusion are most important o</li></ol>     | building                              | relationships o  |
|               | useful for research partnership  |                                       | trust. The       |
|               | 3. What sort of research approach  |                                       | community        |
|               | do you think will be most bene   |                                       | should be        |
|               | to Indigenous communities?   |                                       |                  |
|               | 4. What improvement would you  | like                                  | involved in the  |
|               | to see when new community-<br>campus partnership initiatives                       | Indigenous                            | direction and    |
|               | established, compared to prev  | wow of                                | guidance of the  |
|               | research conducted with  | knowing and                           | project from sta |
|               | Indigenous communities?  | doing                                 | to finish, with  |
|               | 5. What training would you valida  | ite                                   |                  |
|               | (for you and your research tea   | m)                                    | Indigenous       |
|               | when working on research   | Meaningful                            | methodology      |
|               | projects with Indigenous communities?  | study results                         | prioritized in   |
|               | 6. What principles and/or guideling  | nes                                   | study design.    |
|               | would you recommend when   |                                       |                  |
|               | working with Indigenous  | Capacity                              | Ultimately, stud |
|               | communities?   | building                              | results should   |
|               | <ol><li>What are the best practices fo<br/>knowledge translation with</li></ol>    | r                                     | provide          |
|               | Indigenous communities?  |                                       | meaningful       |
|               | 8. What benefits do you see (for   |                                       | benefit to the   |
|               | Indigenous research) from a  |                                       |                  |
|               | community-campus partnershi  | p?                                    | community and    |
|               | 9. What are some potential   | 4.5                                   | they should ha   |
|               | challenges which may be face<br>a community-campus partners                        |                                       | ownership ove    |
|               | a community-campus partners  | mp:                                   | these results.   |
| Community     | <ol> <li>What sort of research topics w</li> </ol>                                 | 1 Veseal Oli                          | Community mu     |
| Participants  | be beneficial to your communi  2. Are there any specific topics the                | northograping of                      | be actively      |
| •             | <ol><li>Are there any specific topics the you feel the community should</li></ol>  | iat                                   | involved in      |
|               | address to promote wellness?   |                                       |                  |
|               | 3. What are the best practices fo  | r                                     | research from    |
|               | intergenerational knowledge  | Community-led                         | study design to  |
|               | sharing in the community?  | research                              | knowledge        |
|               | <ol> <li>How would you like to establis<br/>community involvement when</li> </ol>  |                                       | translation of   |
|               | community-university partners  |                                       | final results.   |
|               | for Indigenous research activit  | ies                                   |                  |
|               | is started?  | research                              | Communication    |
|               | 5. What improvement would you  | _                                     | between          |
|               | to see with community-univers  | · · · · · · · · · · · · · · · · · · · | researchers ar   |
|               | partnerships compared to prev  | vious<br>Data                         | community mu     |
|               | research conducted with your community   |                                       |                  |
|               | 6. What training would you   | sovereignty                           | be culturally    |
|               | recommend for community  |                                       | appropriate an   |
|               | members working with your  | Effective                             | well understoo   |
|               | community on matters that are  | communication                         | Research and     |
|               | important to you?  |                                       | results are mor  |
|               | 7. What training would you recommend for researchers                               | Culturally                            |                  |
|               | working with your community of   | Culturally                            | effective when   |
|               | matters that are important to y  | annronriate                           | conducted in the |
|               | 8. How would you suggest that w  |                                       | language         |
|               | best share knowledge with the  |                                       | community        |
|               | community gained from a rese   | earch<br>Research as                  | members          |
|               | study?   |                                       |                  |
|               | <ol><li>How should a community-<br/>university partnership be</li></ol>            | ceremony                              | understand be    |
|               | structured to ensure the   |                                       | and when         |
|               | community realizes benefit?  | Importance of                         | ceremonies are   |
|               | 10. What are some potential  | Indigenous                            | respected.       |
|               | challenges which may be face   | d in                                  | rospecieu.       |
|               | a community-university   | languages                             |                  |
|               | nartnarchin? Hay san thace   |                                       |                  |
|               | partnership? How can these challenges be addressed?                                |                                       |                  |

## **DISCUSSION**

Due to unforeseen circumstances, community members from GMB were unavailable for interviews before the end of the summer. In order to obtain a community-based perspective, a small convenience sample of Indigenous community members who work closely with GMB was interviewed. While these interviews yielded rich data and insights, community members from GMB specifically must be engaged going forward to achieve the ultimate goals of this project. The partnership with GMB will continue, with interviews with community members occurring in the fall when the community is available and ready to re-engage with this project.

#### **CONCLUSIONS**

It is clear that community-university research partnerships must proceed through relationships of trust, be guided by community members, and provide meaningful benefit to the community by addressing their specified needs. It was also found that conducting research and knowledge translation in the community's language and involving traditional ceremonies in research is of great importance in developing meaningful connection through research. This project is the first step in what has the potential to be a positive long-term relationship between USask and GMB.

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